



## Comparative Study of Social Skills and Educational Adjustment of High School Students

<sup>1</sup> Roma , <sup>2</sup>Ms. Nidhi Yadav, <sup>3</sup>Mr. Manoj Kumar

<sup>1</sup> Research Scholars, BPSMV, BPSITTR, Khanpur Kalan Sonipat ( HR) India.

<sup>2</sup> Assistant Professor, BPSMV, BPSITTR, Khanpur Kalan Sonipat ( HR) India

<sup>3</sup> Assistant Professor, BPSMV, BPSITTR, Khanpur Kalan Sonipat ( HR) India

Email - <sup>1</sup>romaroma37311@gmail.com, <sup>2</sup>nidhiy007@gmail.com, <sup>3</sup>khokher.manoj@gmail.com

**Abstract:** *The study intended to determine the relationship between Social skills and educational adjustment of High school students. Present study was conducted to a randomly selected sample of 50 High school students of 9th class studying boys and girls in government and private schools of Hatt Village of Jind District. Data was collected by using Social skills scale developed and standardized Dr. Vishal Sood and Suresh Kumar and Educational Adjustment inventory developed and standardized by Seema Rani and Dr. Basant Bahadur Singh. Data was analysed using Mean, SD and t-test, r-value. The finding of this research was that there is no significant difference was found between Government and Private School students and boys and girls students. The study recommended for counsellors, teachers, parents and other stakeholders should focus more on changing students would be able to accept responsibility for their educational adjustment.*

**Key Words:** *Educational Adjustment , Social Skills, Private School and Government School.*

### 1. INTRODUCTION:

Education lays the foundation for the fulfillment of a person's dreams and aspirations because it is a gateway to the opportunities. It helps a person to meet his/her career objectives and achieve an economic growth and thus builds a resourceful individual out of a raw human being. An educated human being, having experienced the positive effects of education on his/her personality is bound to encourage the idea of education and effectively educate his/her children. Hence one individual thus results in an educated family, taking education a long way along the future generations.

#### 1.1 Educational Adjustment:-

According to Webster's Ninth New Collegiate dictionary (1987), Adjustment is "to adapt or conform oneself (as to climate food or new working hours)" or "to achieve mental and behavioural balance between one's own needs and demands of others". In other dictionaries education adjustment is a means "to fit", "to make correspondent", "to adapt", or "to accommodates".

#### Social skills:-

Social skills are the skills that are used by human beings to interact and communicate with others to assist status in the social structure and other motivations. Social rules and social relations are created, communicated, and changed in verbal and non-verbal ways creating social complexity useful in identifying outsiders and intelligent breeding partners. The process of learning these skills is called socialization. Social skills are specific behaviors, exhibited by children in free play or academic situations, which initiate or maintain social interactions with others. Social skills are discrete, teachable behaviors that are associated with direct measures of social competence, and as such serve as 'building blocks' for the establishment of interpersonal relations, effective social participation, and cooperation or affiliation with peers and others.



## 1.2 SIGNIFICANCE OF THE STUDY:-

The purpose of the study we are define Social Skills l and educational adjustment in High school students. In this study to examine the effect on students , motivation, social adjustment behave personality. The main objective of this study to focus how Social Skills and educational adjustment in help students to adjust in school and society. This research paper is focused on education and adjustment in education developing social, emotions, thinking is students life. The other purpose of the study is to know the various factor emphasize the school students.

## 1.3 STATEMENT OF THE PROBLEM :

"Comparative Study of Social Skills and Educational Adjustment of High School Student".

## 2. OBJECTIVE OF STUDY:-

- To find out relationship between Social skills and education adjustment of boys Private School Students.
- To find out relationship between Social skills and education adjustment of girls private School Students.
- To find out relationship between Social skills and education adjustment of boys Government School students.
- To find out relationship between Social skills and education adjustment of girls Government School Students.
- To find out the relationship between of social skills and education adjustment of Government school Students.
- To find out the relationship between of Social skills and educational adjustment of private School Students.

## 2.1 HYPOTHESIS OF THE STUDY:

- 1). There will be no significant difference between Social skills and education adjustment of boys Private School Students.
- 2). There will be no significant difference between Social skills and education adjustment of girls Private School Students.
- 3). There will be no significant difference between Social skills and education adjustment of boys Government school Students.
- 4). There will be no significant difference between Social skills and education adjustment of girls Government School Students.
- 5). There will be no significant relationship of Social skills and educational adjustment of Government School Students.
- 6). There will be no significant relationship of Social skills and educational adjustment of private School Students.

**3. METHOD:** The present study required data for analysis . Data is collected through survey method and descriptive method.

### SAMPLING OF THE RESEARCH:-

**SAMPLE SIZE:-** 50 (25 Government and 25 Private School Students).

**SAMPLE FRAME:** -Government and Private School students in Jind District.

### TOOLS USED:

1. Social skills rating scale by Dr.Vishal Sood and Suresh Kumar
2. Educational adjustment inventory scale by Dr. Basant Bahadur Singh and Seema Rani.

**STATISTICAL TECHNIQUES USED :** Mean, Standard Deviation, t-test and Pearson's correlation coefficient.

### ANALYSIS AND INTERPRETATION OF DATA:-

**Objective-1 To find out the relationship between Social Skills and Educational Adjustment of Boys School Students.**

Sr.No	Variable	Number of students	Mean	S.D	T value	Remarks of at 0.0.005%level
1	Social skills boy	13	307.8461538	1773342492	3.6255416	Accepted
2	Educational adjustment boys	13	28.15384615	2.73392739		



**Objective-2** To find out the relationship between Social skills and educational adjustment of girls private school students.

Sr.No	Variables	Number of student	Mean	S.D	T value	Remarks of at 0.0.005% level
1	Social Skills (Girls)	12	277.833333	16.7865362	9.0778215	Accepted
2	Educational adjustment (Girls)	12	28.5	2.64575131		

**Objective-3** To find out the relationship between Social skills and educational adjustment of boys Govt. School students.

Sr.No.	Variables	Number of student	Mean	S.D	T value	Remarks of at 0.0.005% level
1	Social Skill Boys	13	331.333333	7.843159537	7.3095725	Accepted
2	Educational adjustment Boys	13	31.25	3.671140521		

**Objective-4** To find out the relationship between Social skills and educational adjustment of girls Govt. School students.

Sr.No	Variables	Number of student	Mean	S.D	T value	Remarks of at 0.0.005% Level
1	Social Skills girls	12	326.1538462	19.02562375	4.3650927	Accepted
2	Educational adjustment girls	12	26.76923077	4.657500155		

**Objectives -5** To find out the relationship of Social Skills and Educational adjustment of Govt. School Students.

Sr.No	Variables	Number of students	Mean	S D	R value	Remarks of at 0.0.005% level
1	Social Skills	25	225.17256	13.587438744	-0.0356199	Accepted
2	Educational adjustment	25	28.26543	5.72346589		

**Objectives -6** To find out the relationship of Social skills and Educational adjustment of private School Students.

Sr.No	Variable	Number of students	Mean	S.D	R value	Remarks of at 0.0.005% level
1	Social skills	25	321.654380	12.653876	0.044034185	Accepted
2	Educational adjustment	25	25.675438	4.097643		

#### 4. CONCLUSION:

The social progress is based on lots of factors like good relationship in society: better tuning with others, family structure, control on emotions, social skills etc. The overall success in life crucially depends on the social skills a person possesses. These skills help an individual in how to conversant, maintain friendly relations, decision making power. This behaviour acquired with the help of social skills helps in gaining new experiences and improving his overall



performance. Children with diverse self-thinking display unusual levels of intellectual, societal, and poignant involvement in schools. So, Educational adjustment is required in improving overall personality of the students.

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